

# ***Spirit Lake Dakota Tribal Senior Services Title VI Program***

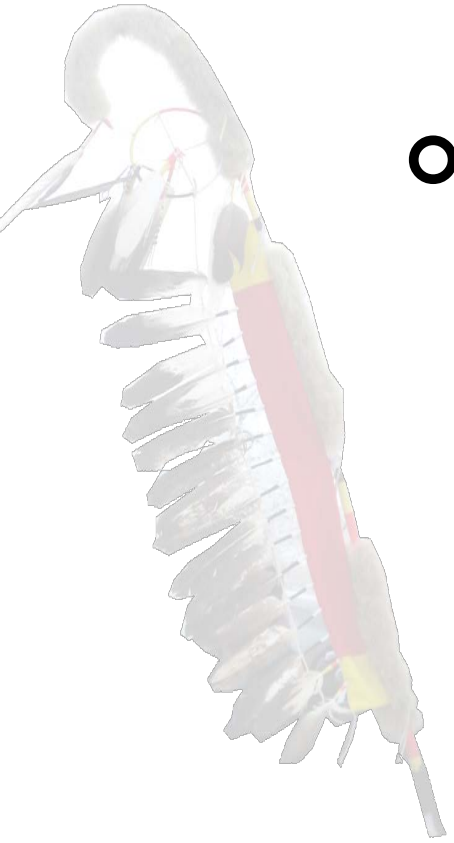

April 29, 2008  
2008 Title VI National Training and Technical Assistance Forum &  
30th Anniversary Celebration  
of the Title VI Program

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# Mission Statement

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- The mission of the Spirit Lake Dakota Senior Services Program is to raise the quality of life for our elders through fostering an environment of quality, dignity, and pride.

# Spirit Lake Advisory Board



## Responsibilities

- The Spirit Lake elder advisory board members are elected by peers residing in each district.
- Are recognized by peers as elder advocates for their respective districts.
- The Board meets once a month to discuss elder concerns and provides recommendations to Tribal Council and Senior Services staff.
- Assist in fund raising for elder activities.
- Determine speakers and presentations for Elders Day Out.

## Board Members

- Program Monitor
  - Lois Leben, Tribal Council Rep.
- At Large President
  - Gloria Jetty, President
- Crow Hill District
- Vern Lambert
  - Irene Littlewind
- Fort Totten District
  - Jeannie Cavanaugh
  - Delemma Graywater
- St. Michael District
  - Joseph Lawrence
  - Carol Jean Brown
- Wood Lake District
  - Annie Redfox
  - Rosalie Baer, 1<sup>st</sup> Title VI Director

# Funding Partners



## Spirit Lake Nation Economic Development Funds

- Salaries
- Operating costs
- Supplements Title VI – A & C, Title III
- Administration on Aging
  - Title VI-A & C
    - Nutrition and Outreach
    - Caregiver
  - Title III Outreach
- Elderly Assistance Funds
  - Major household appliances
  - Glasses
  - Groceries & Household items
- North Dakota Department of Transportation
  - Spirit Lake Transit provides rides for appointments such as employment, medical, shopping, and mail.

# Population



- Our primary service population are Native elders ages 55+ residing on or near the Spirit Lake Reservation.
- Service population consists of 384 Native elders

# Charitable Partners

- American Indian Relief Council
  - Food supplies
  - Household items
    - Clothing
    - Shoes/boots
    - Pots/pans
    - Personal hygiene
    - Bedding/linens
- Dakotas Conference of the United Methodist Church
  - Basic housing rehabilitation
    - Painting
    - Shingled senior center roof
  - Handicap modifications
    - Decks w/ramps



# Senior Related Employment Resources



- Senior Companions
  - Foster grandparent program
- Experience Works
  - 20 hr employment placement for elders
- Temporary Assistance for Needy Families (TANF)
  - 20 hr employment site for TANF workers
- Tribal Work Experience Program Training (TWEPT)
  - 20 hr employment site for TWEPT workers

# Activities



- Elders Bingo
- Elder Social Day Out
  - Speakers
  - Presentations
  - Luncheon
  - Clinic Day
  - 2 days a month
- Special Diabetes Program
  - Elders Exercise Program
  - Water aerobics
- Yard of the week contest
- Elders garden contest
- Annual elders picnic
- Annual elders fish fry
- Road Trips



# Contact Information



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